

DECEMBER 17TH • 9:00AM



Jingle Jingle Run

5K RUN & HEALTH WALK

Publix

WHERE SHOPPING IS A PLEASURE®



COASTAL PLAINS INSURANCE
OF THE LOWCOUNTRY



PLAYERS CLUB
FITNESS CENTER



UNIFORM
WORK & SPORT
BY ITS CLASSICS



RACE HOTLINE: 843/757-8520
BEARFOOTSPORTS.COM

5K Run & Fun Walk - Hilton Head Hospital Campus - Hilton Head Island, SC
ENTRY FEE: \$25 post marked 12/10/11 • \$28 Fri. at Race Packet Pick-Up
 \$30 Race Day - 7:30am - 8:30am
PACKET PICK-UP: Friday, December 16, 4:30pm-6:30pm
The Bike Doctor (South End) 31 New Orleans Road
 Race Day - 7:30am - 8:30am (packets will not be mailed)
RACE DAY REGISTRATION: 7:30am - 8:30am - Only
AWARDS: Male & Female - Seasonal prizes to top 3 M & F Overall.
 Prizes to top 3 M & F Overall Master.
 Awards to top 3 in each division. *No duplications.*
TO BENEFIT **CODA - CITIZENS OPPOSED TO DOMESTIC ABUSE & H2A**
Bring gift card or phone card to be donated to CODA and become eligible to win a \$150 Holiday Prize Package
AWARD CEREMONY Following race refreshments, Hot cider, door prizes & more
DIVISIONS Male & Female
 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,
 50-54, 55-59, 60-65, 65-69, 70-74, 75 & Over
COURSE Flat and very fast
PRODUCED BY BEAR FOOT SPORTS
LONG SLEEVE T-SHIRTS, JINGLE BELLS & CANDY CANES GUARANTEED TO FIRST 500
RAIN OR SHINE

REGISTRATION FORM

--	--	--

race use only

Please make check payable and mail to: **Bear Foot Sports,**
20 Towne Dr - PMB #200 - Bluffton, SC 29910

Check List

- \$ 25.00 Entry Fee
- \$ 3.00 XXL T-shirt
- \$ 5.00 For Charity
- Late fee (after 12/10)

TOTAL ENCLOSED

\$ _____

First Name: _____

Last Name: _____

Address: _____

City _____ State _____ Zip _____

Age _____ (as of 12/17/11) Phone _____

Male _____ Female _____

Adult Shirt Size: (circle one) YL S M L XL (XXL only \$3 additional)

_____ 5K Run _____ 5K Walk

In consideration of your accepting me/my child's registration, I herby for myself, my child, my heirs, executors and administrators waive and release any and all rights and claims for damages I or my child may have against Bear Foot Sports, including all representatives who are in any way connected with this event/program. Further, in the event of any injury, I do hereby give permission and consent to authorize such First Aid and/or Medical and/or Hospital care or treatment as deemed appropriate. In addition, I am fully aware of the provisions covered by the fee for this event and I understand that if any emergency arises, any and all additional expenses incurred must be borne or assumed by the participants. Bear Foot Sports has permission to take photographs of my child or myself while participating in any Bear Foot Sports events. I understand that these photographs may be used for Bear Foot Sports advertising and public relations through and not limited to brochures, flyers, or newspapers.

Signature: Participant/Parent/Guardian _____



BEAR FOOT SPORTS
20 Towne Dr - PMB #200
Bluffton, SC 29910

U P C O M I N G E V E N T S

Saturday, January 1, 10:00am Bluffton New Year's Day Polar Bear 5K

Saturday, February 11, 8:00am Hilton Head Half Marathon & 10K/5K

HILTON HEAD ISLAND



Jingle Jingle Run

Publix.

Saturday Dec. 17 • 9am
Family 5K Run & Health Walk
HH Medical Center Campus

Race Hotline: 843/757-8520
www.bearfootsports.com