

HARGRAY HHI FIRECRACKER 5000

DISTANCE

- 5K Run & Health Walk

ENTRY FEE & REGISTRATION

- \$25 Kids-12&Under / Pre-Reg - prior to 6/24
 - \$30 Kids-12&Under / Late-Reg
 - \$30 Adults / Pre-Reg - prior to 6/24
 - \$35 Adults - Late-Reg
 - Call BFS for group discounts (6 or more)
- Event confirmations will not be sent*

PACKET PICK-UP & Late Registration

- Sunday, July 3, 3pm-6pm
Inside The Mall at Shelter Cove
 - Monday, July 4, 6:30am-7:30am
Behind The Mall at Shelter Cove
- Packets cannot be mailed, you must pick-up*

THE RACE

- Each mile will be clearly marked, split times provided
- Water will be available at each mile.
- First aid station will be available at start/finish area.

ADULT T-SHIRTS

- *Tech T-shirt provided to first 1,200 participants (better then cotton) Kids 12 & under receive cotton shirts*

THE COURSE

- Course has been updated for 2011
- Scenic Fast & Flat

STARTING LINE

- Runners will start at 8:00am
- Runners will be staged fastest up front
- Walkers will start behind runners

RUN DIVISIONS

Male & Female

8 & Under, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

Male Clydesdale

200 lbs & over (34 & Under - 35 & Over)

Zina Women's Division - 145 & over

NO DUPLICATIONS

AWARDS

- Gift Card to top 5 M/F Overall (\$75, \$50, \$35, \$25, \$20)
- Gift Card to top 3 M/F Masters 40+
- Gift Card to top Grand Masters 55+
- Medals to top 3 M/F in each division

PIGGLY WIGGLY AWARD CEREMONY & POST RACE PARTY

- Music, Papa John's Pizza, Refreshments, Door Prizes, Grand Prize Drawing & more

TO BENEFIT

- A percentage of proceeds go to benefit HH Runners Club & Hilton Head Aquatics

SORRY

- NO Pets, Baby Joggers or Strollers

FREE PARKING

- The Mall at Shelter Cove

REGISTER ON LINE @

- www.bearfootsports.com

VOLUNTEERS ALWAYS NEEDED

PRODUCED BY

- BEAR FOOT SPORTS

REGISTRATION FORM

Please make check payable and mail to:

Bear Foot Sports • 20 Towne Dr - PMB #200 • Bluffton, SC 29910



26th Annual HHI Firecracker 5000

(race use only)

First Name:	<input type="text"/>	Last Name:	<input type="text"/>	Age	<input type="text"/>
Address:	<input type="text"/>	Date of Birth (mm/dd/yy)	<input type="text"/>	<input type="text"/>	<input type="text"/>
City	<input type="text"/>	State	<input type="text"/>	Zip	<input type="text"/>

Please check one 5 K Health Walk 5 K Run
 Clydesdale / Weight (Men 190lbs +) Zina / Weight (Women 145lbs +)
 Shirt Size: (circle one) Kids/cotton: M L Adult/Tech: S M L XL (XXL only add \$3.00)

Phone () e-mail

In consideration of your accepting me/my child's registration, I herby for myself, my heirs, executors and administrators waive and relieve any and all rights and claims for damages I or my child may have against Bear Foot Sports, including all representatives who are in any way connected with this event/program. Further, in the event of any injury, I do hereby give permission and consent to authorize such First Aid and/or Medical and/or Hospital care or treatment as deemed appropriate. In addition, I am fully aware of the provisions covered by the fee for this event and I understand that if any emergency arises, any and all additional expenses incurred must be borne or assumed by the participants. Bear Foot Sports has permission to take photographs of my child or myself while participating in any Bear Foot Sports events. I understand that these photographs may be used for Bear Foot Sports advertising and public relations through and not limited to brochures, flyers, or newspapers.

Signature: Participant/Parent/Guardian _____ Date _____

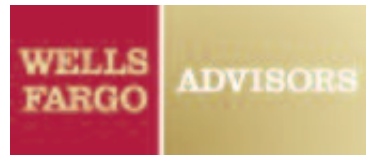
RACE HOTLINE
ph 843/757-8520 • www.bearfootsports.com

Check List
Male/Female (Circle Sex)
<input type="checkbox"/> \$ 25.00 Kids 12 & under
<input type="checkbox"/> \$ 30.00 Adults
<input type="checkbox"/> \$ 3.00 XXL T-shirt
<input type="checkbox"/> \$ 5.00 Charity
<input type="checkbox"/> \$ 5.00 Late Fee (pay after 6/24)
TOTAL ENCLOSED _____
<i>sorry no refunds</i>

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RESTAURANT SPONSORS



New York City Pizza

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Longhorn Steakhouse
Street Meet American Take Out & Tavern



Bear Foot Sports
20 Towne Drive - PMB #200
Bluffton, SC 29910



7/4 • 26th Annual Hilton Head Firecracker 5000
10/23 • 20th Annual Hilton Head Bridge Run 5K & 10K



An Island Tradition
Celebrating 26 Years



5K ROAD RACE

new course & chip timed for this year

INDEPENDENCE DAY 2011
Monday, July 4th 8:00am

Mall at Shelter Cove
Hilton Head Island, S.C.

Health Walk
Post Race Party
Toddler Trot

RACE HOTLINE
843/757-8520
bearfootsports.com